

Caffeine and Theobromine Content of Selected Hershey's Chocolate

Candy Type	Serving Size	Serving Size (g)	Caffeine (mg)*	Theobromine (mg)*
ALMOND JOY Candy Bar	1 bar (1.6 oz.)	45	3	17
ALMOND JOY Candy Bar, Snack Size	1 bar (0.6 oz.)	17	1	7
ALMOND JOY Eggs	1 egg (1.1 oz.)	31	2	11
ALMOND JOY PIECES Candies	46 pieces	40	4	25
BROOKSIDE Dark Chocolate Pomegranate	16 pieces	40	10	77
HERSHEY'S BITES Cookies 'n' Creme Candies	14 pieces	41	1	13
HERSHEY'S Chocolate Shell Topping	2 Tbsp. (1.2 oz.)	35	7	78
HERSHEY'S Chocolate Sugar-Free Syrup	1 Tbsp. (1.2 oz.)	35	5	56
HERSHEY'S Chocolate Syrup	2 Tbsp. (1.4 oz.)	39	5	64
HERSHEY'S Cocoa	1 Tbsp. (0.2 oz.)	5	8	100
HERSHEY'S Cookies 'n' Creme Candy Bar, Snack	3 bars (1.3 oz.)	38	1	13
HERSHEY'S Cookies 'n' Creme Eggs	8 pieces	38	1	8
HERSHEY'S Double Chocolate Sundae Syrup	2 Tbsp. (1.3 oz.)	38	5	55
HERSHEY'S KISSES Brand Cookies 'n' Creme	9 pieces	42	1	13
HERSHEY'S KISSES Brand Milk Chocolates	9 pieces	41	10	68
HERSHEY'S KISSES Brand Mint Truffles Wrapped in Dark Chocolates	9 pieces	41	11	92
HERSHEY'S KISSES Brand SPECIAL DARK Mildly Sweet Chocolates	9 pieces	41	20	175
HERSHEY'S Milk Chocolate Bar	1 bar (1.5 oz.)	43	9	64
HERSHEY'S Milk Chocolate with Almonds Bar	1 bar (1.5 oz.)	41	7	50
HERSHEY'S Nuggets Milk Chocolate	4 pieces	41	10	68
HERSHEY'S Nuggets Milk Chocolate/ Almonds	4 pieces	38	8	53
HERSHEY'S Nuggets Milk Chocolate/ Toffee and Almonds	4 pieces	38	3	37
HERSHEY'S Solid Milk Chocolate Egg	7 pieces	41	10	68
HERSHEY'S TAKE5 Candy Bar	1 package (1.5 oz.)	42	2	21
HERSHEY'S BLISS Chocolate	6 pieces	43	12	81
HERSHEY'S BLISS Dark Chocolate	6 pieces	43	24	212
KIT KAT Bar	1 four-piece bar (1.5 oz.)	42	6	41
KRACKEL Chocolate Bar	1 bar (1.5 oz.)	40	8	57
MOUNDS Candy Bar	1 package (1 oz.)	25	5	36
MOUNDS Candy Bar, King Size	2 pieces (2 oz.)	49	10	71
MR. GOODBAR Chocolate Bar	1 bar (1.7 oz.)	49	9	57
OH HENRY! Candy Bar	1 bar (2 oz.)	58	3	26

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REESE'S Peanut Butter Cups	1 package (1.5 oz.)	42	4	26
REESE'S Peanut Butter Cups, Miniatures	5 pieces	44	5	32
REESE'S PIECES Candy	51 pieces	40	0	0
REESE'S PIECES Eggs	12 pieces	39	0	0
REESTER BUNNY Milk Chocolate Covered Peanut Butter Bunny	1 bunny	36	3	19
ROLO Caramels in Milk Chocolate	7 pieces	42	5	27
SPECIAL DARK Dark Chocolate Syrup	2 Tbsp. (1.5 oz)	40	5	64
SPECIAL DARK Dark Cocoa	1 Tbsp. (0.2 oz.)	5	8	100
SPECIAL DARK Mildly Sweet Chocolate Bar	1 bar (1.5 oz.)	41	20	174
SYMPHONY Extra Creamy Milk Chocolate Eggs	7 pieces	40	8	50
TWIZZLERS Chocolate Candy Twists	5 pieces	43	3	27
WHOPPERS Malted Milk Balls	1 package (1.7 oz.)	49	2	29
WHOPPERS Malted Milk Balls Eggs, Small	31 pieces	40	2	26
WHOPPERS Malted Milk Balls Eggs, Medium	12 pieces	40	2	25
WHOPPERS Malted Milk Balls Eggs, Mini	24 pieces	42	2	18
WHOPPERS Malted Milk Balls, Vanilla	18 pieces	40	0	1
YORK Peppermint Pattie	1 piece	39	6	53
YORK Peppermint, Mini	10 piece	40	8	72
YORK PIECES Candies	50 pieces	40	14	151